



WHITEMAN SPIRIT



Volume 41, No. 42

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FRIDAY, OCT. 24, 2003

9-Line Target



School's in!

News in Brief

Airmen's chili dinner scheduled

A chili dinner for airmen begins at 6:30 p.m. Wednesday at the chapel. Participants are welcome to attend a contemporary worship with the Edge praise band after the meal. For more details, call the chapel at 687-3652.

Family harvest carnival set

A family harvest carnival begins at 6 p.m. Oct. 31 at the youth center. Children under 10 must be accompanied by an adult. Each family attending must bring a bag of candy or a two-liter bottle of soda. For more details, call the chapel at 687-3652.

Trick-or-treat hours set

On-base Halloween trick-or-treating takes place 6-8 p.m. Oct. 31. Residents who don't wish to participate should turn off their porch light.

Countdown



**55 days
until
the 10th
Anniversary
Celebration**

This month in B-2 history

Oct. 8, 1996

Maj. Rex Bailey, 509th Operations Group, became the first Air Force pilot to fly 500 hours in the B-2.

Oct. 8, 2001

Two B-2's departed from Whiteman in support of Operation Enduring Freedom. The *Spirit of Oklahoma* and the *Spirit of Pennsylvania* flew combat sorties and bombed targets in Afghanistan.



Photo by Airman Ryan Wilson

Col. John Carter, Air Force Weapons School commandant from Nellis Air Force Base, Nev., hands the guidon to Lt. Col. Scott Young, 715th Weapons Squadron commander, as Tech. Sgt. Yolanda Newton, 715th WPS, looks on. Young assumed command of the 715th during the activation ceremony here Tuesday.

Weapons school debuts

509th reunites with 715th in stand up ceremony Tuesday

By Airman 1st Class Joe Lacdan

Public Affairs

The Air Force's B-2 weapons school officially opened here Tuesday with the stand up of the 715th Weapons Squadron and assumption of command of the unit by Lt. Col. Scott Young.

First tied to the 509th Composite Group in 1946, the 715th was inactivated in 1990, but reactivated in August to assume responsibility for the Air Force's first advanced B-2 training program.

The unit is now part of the Air Force Weapons School, 57th Wing, Nellis Air Force Base, Nev., where it joins 13 other weapons squadrons representing the U.S. combat air forces, intelligence and space.

Col. Doug Raaberg, 509th BW commander, welcomed the addition of a new unit and commander to the B-2 community, and stressed the vital role the school will play in future development of the weapon system.

"The weapons school must create instructors to prepare us for tomorrow's wars," Raaberg said. "No one has detected the B-2 flying over (enemy airspace). We need to make sure it stays that way and the B-2 weapons school will help us do that."

Young said the 715th will educate the rest of the Air Force about the 509th mission and low-observable integration.

Graduates of the highly selective school will be tactical experts in B-2 employment and will carry that knowledge to units throughout the Air Force.

"The B-2 weapons school raises the pilots' knowledge of the airframe," Young said. "It increases their knowledge of integrating forces into an effective fighting force not only as a leader in the air, but also on the ground as a planner."



Photo by Airman 1st Class Joe Lacdan

Maj. Paul Love, B-2 weapons school instructor, reviews course material with students Maj. David Benson, 325th Bomb Squadron, and Capt. Mark Seng, 509th Operations Support Squadron.

The first school of its kind

In 2001, Maj. Paul Love and Kent Beck received approval to begin developing the school and its courses.

"The B-2 needed its own school because no one really knew how to integrate low-observable airplanes into the fight," Young said. "We felt the need to get that knowledge out to the rest of the Air Force."

The course is doctorate-level tactical training. More than 400 academic hours, 12 syllabus sorties and 8 simulator rides. Tests are given as much as seven times weekly, so students will spend much of their free time studying. A master's level research paper and several verbal presentations are also crammed into the six-month course.

See SCHOOL, Page 3

Look up to your senior NCOs

By Lt. Col. Greg Kesler

470th Air Base Squadron commander

NATO AIR BASE Geilenkirchen, Germany (AFPN) — We've all had a recent reminder of how our world changed with the second anniversary of Sept. 11 terrorist attacks on the World Trade Center towers, the Pentagon and Flight 93.

At the time of the attacks, I had just taken over as a training squadron commander responsible for teaching most of the enlisted troops in the command and control career fields. As such, I saw young recruits coming in the door, which gave me a new perspective on those completing their time with the Air Force.

Immediately after the attacks, the Air Force implemented Stop-Loss. This was done to prevent members from separating from military service until senior leaders could determine the full impact of the new war on terrorism. Eventually Stop-Loss was lifted and many senior NCOs who had been prevented from retiring left the service.

When I saw what it takes to mold a young airman into someone well-equipped and well-suited for a productive life in the military, I then saw our retiring senior NCOs and all the years of experience we were losing in a different light. I gained a greater appreciation for the role of our NCO corps.

With almost 400 students on board at any given time in my training squadron, I frequently ask them why they

chose to join the military. As you can imagine, their answers vary greatly.

For whatever reason they join, the vast majority of people join for personal reasons. Seldom do I hear, "To serve my country," or "To be a part of the greatest airpower on earth."

The dichotomy between that and what I saw going out the door was striking. Watching a seasoned, well-trained leader leave the service after 20-plus years is bittersweet. On the one hand, you are happy for them and wish them well in their future endeavors. On the other, you are sad to see such an asset leave with so much skill and, in many cases, potential.

It takes many years to develop a senior NCO. They are at the top of their profession. I have always had the utmost admiration for them and have had the privilege to have some great senior NCO mentors as I was coming up through the ranks. From where I sit now, and seeing what it takes to get to that point, I have a greater respect and appreciation for them now than ever before.

For whatever reason someone comes into the military, staying 20-plus years says something about commitment and sacrifice — and every senior NCO knows about both. So, to the junior NCOs I say, "Look up to these folks; they represent what you should aspire to become."

To the officer corps I say, "Cherish these select few who have shown the dedication and commitment that makes us the Super Bowl champions of air power."



Photo by Master Sgt. Dee Ann Poole

Senior Airman Caleb Daugherty, 509th Maintenance Squadron, talks with Master Sgt. Jim Laughlin, 509th MXS Electro-Environmental Section chief, about ordering parts for equipment.

Let's go for a run ... safely

Lt. Col. Robert Hontz

509th Medical Operations Squadron
Commander

Most Air Force members I talk to are excited about our new fitness test, the 1.5-mile run. Airmen I've known for years, who've never run before, are on the treadmills or have hit the road running. Some of these people think getting into running shape is as easy as putting on old running shoes and heading off into the sunset.

Our physical therapy professionals noticed an increased number of novice runners telling a different tale.

When you say to yourself, "I'm going for a run," you need the best contact with the road. Running shoes perform two functions each time your tootsies hit Mother Earth. The first is to cushion the impact each time your foot strikes the track or pavement. Besides softening impact, shoes help control how much your foot moves around while in contact with the ground.

These actions help prevent injury and get you down the road safely.

When you have consulted the experts and are sure you have the right shoe, you might ask yourself,

"Now what?"

Just like your vehicle needs to warm up before speeding down I-70, your body needs to warm up and stretch. Five to 10 minutes of light exercise gets the ticker pumping just enough to get your muscles warm. A cold muscle is more susceptible to injury from stretching or hard use. After a short walk or easy jog you should stretch to loosen up the muscles that will propel you on your way.

Remember when the alarm got you up this morning? Getting out of bed took a bit of effort because your muscles were stiff from being in one position all night.

Don't forget to breathe. You see those purple people in the gym. The person on the mat next to you is holding their breath in an effort to squeeze out one or two more push-ups.

Breathing supplies vital oxygen to your hard-working body and gives you something to concentrate on while you're stretching or running.

Like your car's tachometer counts how fast your engine is turning over, you need to know how fast your heart is beating, especially while you exercise. You want to keep the right pulse

rate so your muscles efficiently burn oxygen. This is called aerobic conditioning. You need to do a little medical math in order to determine if your heart is beating in your desired target heart rate zone.

Start by subtracting your age from 220, let's say you are 20 so the answer is 200. Next you multiply 200 by 0.65 then by 0.85 to get your lower and higher rate limits. Doing this simple calculation, we see our 20-year-old needs to exercise so the pulse stays between 130 and 170 beats per minute. Count your pulse for 15 seconds on the thumb side of your wrist or just back from your windpipe. Multiply this number by four to get your pulse rate per minute.

After reading this, I hope you'll be off to a safe start but there's much more to know. Just like you take your vehicle to a qualified mechanic, you may need some help from a fitness expert. Our "body mechanics" in the health and wellness center are there to help you run your way better shape.

Side note: I need to thank Nita Hawk. Without her support and research, this article would have been a lot less scientific. Thanks, Nita.



Photo by Staff Sgt. Francesca Popp

Airman 1st Class Kerri Kellner, 509th Medical Operations Squadron, stretches before taking a run. Kellner, a seasoned runner, jogs about 6 miles daily and participated in the Air Force Marathon in September.

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For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.af.mil or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111
Whiteman AFB, Mo. 65305

Wing members participate in Red Flag exercise

By Senior Airman Shawn Clements
Public Affairs

NELLIS AIR FORCE BASE, Nev. — Members of the 509th Bomb Wing are participating in a Red Flag exercise here through Oct. 31.

The two-week long exercise is designed to increase combat readiness, capability and survivability of participating units by providing realistic training in a combined air, ground and electronic threat environment.

"This exercise allows us to integrate our tactics with other participating units to help create a better war-fighting package," said Maj. Alex Mezynski, 509th Operations Support Squadron weapons officer.

But, this isn't an ordinary Red Flag exercise because only U.S. forces are involved.

"There are a lot of special capabilities that we can do during this Red Flag as opposed to the regular ones. This is the only chance we get to employ these capabilities," said Mezynski.

Time-sensitive targeting is one of the capabilities pilots engage in while at Nellis. Those targets are something that could pop-up while in flight and aren't planned in advance.

Although this exercise is only for U.S.

forces, it still helps the wing prepare for future deployments.

"We exercise a full deployment cycle. Getting our stuff from Whiteman to a forward location is one way we help prepare for deployments," said Mezynski.

From setting up the mission-planning cell to coordinating the sorties, the major said there's more of an urgent tone when doing this kind of work at the deployed location.

"We're learning what it's like to mission plan sorties in a time-sensitive environment," said Mezynski. "It's excellent training for everybody."

The people who deployed for this exercise are training like they fight.

"We can always do things better. We're not going to rest on our laurels," said Mezynski. "We're going to keep getting better and be ultimately prepared whenever we're called on again."

The outcome of how well wing members did during this exercise won't be known until the end. However, the major said he is optimistic.

"If we're able to take all the lessons we've learned here and integrate them successfully when we're called upon again, then this exercise has been a success," said Mezynski. "That's how you really test whether this exercise has been a success or not."



Photo by Staff Sgt. Mike Gaddis

Airman 1st Class Brandon Stanbrough, 393rd Aircraft Maintenance Unit, signals to the *Spirit of Alaska* crew as they exit the dock to leave for Red Flag.

Whiteman NCO sees SECAF Order of the Sword induction

By Master Sgt. Dee Ann Poole
Public Affairs

Staff Sgt. Becky Adams was one of hundreds who attended recent the Order of the Sword ceremony honoring Secretary of the Air Force Dr. James Roche.

Adams, who works in the 442nd Logistics Readiness Squadron, said it was an honor to represent Whiteman at the September event.

"I am proud to have represented the 442nd. It was a wonderful opportunity," she said.

Roche became the eighth Air Force-level inductee into the order, and the second secretary since the "Royal Order of the Sword" ceremony was revised, updated and adopted by Air Force NCOs in 1967. This is the highest honor Air Force NCOs can give to a person and is patterned after two orders chivalry founded during the Middle Ages in Europe.

Other guests included former Secretary F. Whitten Peters, himself an Order of the Sword inductee, and Air Force Chief of Staff Gen. John Jumper. A number of former chief master sergeants of the Air Force also attended

and were joined by Chief Master Sgt. Gerald Murray, the current CMSAF.

Adams said she's never been to an event of this magnitude. "A lot of people don't get to see something like this. I'd like everyone to get a chance to go to an Order of the Sword or similar ceremony," she said.

Murray said Roche has great compassion for airmen. "Airmen know that when he asks, he also listens, and when warranted, he acts to make changes to make lives better and help us to our mission more effectively," Murray said.

During the ceremony, Roche was presented with a copy of the citation, a painting by German artist Hans Roth featuring images of the secretary during his tenure with the Air Force, and a scroll with the names of those who attended. He also received a symbolic "Alfonso the 10th"-style sword, crafted in Toledo, Spain.

"Fellow airmen, I am genuinely humbled to stand before you tonight and accept this honor," Roche said. "I can assure you that tonight, your decision to honor me with this modern order of chivalry has left me at quite a loss to express my profound sense of pride, humility and

also delight."

Roche also praised the enlisted force for the work they do for the Air Force and America. "The success of our Air Force in accomplishing our mission, and the rightful position of respect that we hold in the hearts and minds of the American people, is because of you and the more than 700,000 active duty, Guard and reservists you represent," Roche said.

One of the secretary's accomplishments during his tenure with the Air Force was allowing senior enlisted airmen to enroll in the Air Force Institute of Technology. He also struck an agreement with Army officials to provide the Air Force with nearly 8,000 Army guardsmen to backfill critically short security requirements, as well as secured 100-percent tuition assistance for airmen.

The Order of the Sword, a military ceremony, has been conducted since its original inception in 1522. It's conducted by NCOs to honor those who have made significant contributions to the enlisted corps.

Staff Sgt. Todd Lopez, Air Force Print News, contributed to this story.

SCHOOL, continued from Page 1

"It goes on for so long that if you don't tell yourself, 'I'm going to get this done, you're going to be in trouble after a couple of months,' Love said. "A lot of people can do this for a week, but to get a pilot who can put up with this for five months, that's very special."

Each class consists of three students. Applicants are nominated by their wing commander to a selection board held every six months at Randolph Air Force Base, Texas.

The inaugural class is scheduled to graduate in December. The first students are Maj. David Benson and Capt. Brian Bogue, 325th Bomb Squadron, and Capt. Mark Seng, 509th Operations Support Squadron.

Classroom in the sky

The new weapons school flights are more difficult than the average training sortie, said Love. In a normal training sortie, the mission is preplanned with objectives and instructions in place. In a weapons school sortie, students must coordinate, plan and create their own missions.

"We throw curve balls at them," Young said. "We can change the mission on the fly, and give them fuel and tactical problems they have to deal with while the airplane is flying. Flying a plane isn't like a car; you can't just pull to the side of the road and think about it." On Oct. 16, after a day of preparation and planning, the ini-

tial weapons school students took off at 9 p.m., flew for four hours, and were back at 8:30 a.m. to review the results of the mission.

"The sorties are more difficult, challenging and definitely wearing," said Bogue. "They really make you dig down and rely on your experience."

The students spend a day in the classroom debriefing each mission, and examine each detail and facet to decide whether the objectives were met. Love said they trace each step that led to success, review tactics used to reach targets and review every factor that affected weapons accuracy.

Students also learn how to integrate into the larger air campaign, involving

other airframes where appropriate.

"The B-2 might not be the perfect airframe to attack a certain target," Young said. "A student must know that when asked to strike certain targets, they must know what targets aren't B-2 targets. The B-2 has unique strengths that make it uniquely qualified for certain targets."

The students' final test is a mock air war with other weapons school students Dec. 1-13 at Nellis.

After graduation, the students use what they've learned in the course to mentor younger pilots.

"Our goal is to produce credible, approachable and humble graduates," Young said. "These guys are experts in their field and they're experts in their plane."



Courtesy photo

LRS competes for ACC award

Airmen 1st Class Baltazar Monar spots Edward Yacobozzi, 509th Logistics Readiness Squadron, as a maintenance storage box is loaded onto a flatbed to go to the Red Flag exercise at Nellis Air Force Base, Nev. The 509th LRS was selected as a finalist for the Air Combat Command Daedalian Logistics Readiness Effectiveness Award. ACC representatives will visit here in December to rate the squadron. If LRS earns the ACC award, it'll compete at the Air Force level.



Photo by Staff Sgt. Francesca Popp

Tech. Sgt. Bill Pauley and Lt. Col. Diane Holmgren, 509th Comptroller Squadron, hold the shadow box Pauley presented to the squadron members.

Sergeant shares history with squadron members

Tech. Sgt. Bill Pauley, 509th Comptroller Squadron, was the first Air Force finance troop in Iraq during Operation Iraqi Freedom. He's since come back home.

The sergeant presented a shadow box that includes a flag, U.S. propaganda leaflets that were dropped in Iraq and Iraqi currency to members of his squadron Tuesday.

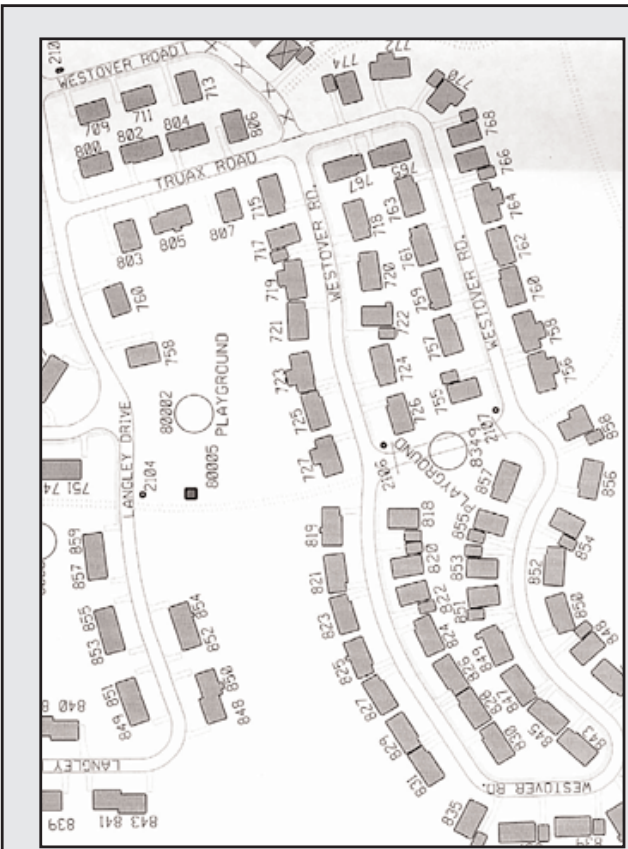
Pauley said 509th was with him while he was deployed. He wanted to share the items he acquired with his comptroller family.

The certificate in the shadow box reads that the American flag was flown April 11, 2003, at the 407th Air Expeditionary Group Financial Management Office, Tallil Air Base, Iraq; April 30-July 1, 2003, at the 447th AEG Financial Management Office, Baghdad International Airport, Iraq; and July 5, 2003, at Ground Zero in New York City.

Pauley wrote, "(This) is hereby presented with honor to the 509th Comptroller Squadron, Whiteman Air Force Base, Missouri, for their grand and loyal support."

The shadow box will be on display at the finance customer service area in Bldg. 509.

This space is reserved for advertisements



Repairs begin Monday

On Monday, the first of two crews will mill up Westover and Truax roads. This is the next step in the repairs on Westover. The \$153,400 project will mill up existing roads and place 3 inches of new asphalt.

The crew will use an oversized milling machine with nine dump trucks to haul off the millings. Due to size of equipment, vehicles on Westover and Truax must be removed from street parking 6:30 a.m. to 6 p.m. Monday-Oct. 31.

The equipment used in this project is fun to watch but has several blind spots. Maintain control of small children and pets for a safe time for all. For more details, call Gary Hall at 687-6281.



Photo by Airman 1st Class Joe Lacdan

Glenn Golson, Chenega Management chief for environmental compliance, checks safety regulations of hazardous material before storing it.

(Editor's note: The 509th Civil Engineer Squadron Environmental Office is available to answer questions 509ers may have about the external Environmental Safety and Occupational Health Compliance Assessment Management Program Nov. 2-7. This week's topic is hazardous materials.)

Eight days until ESOHCAMP

A positive approach to limit hazardous material would includes:

- ✓ Ensure each container is labeled with the contents.
- ✓ Inspect the storage locker for proper operation of locks, latches, stops and hinges.
- ✓ Don't store incompatibles together such as caustics with flammables, and don't store food items with haz-

ardous chemicals.

✓ Inspect fire extinguishers monthly. Check for proper charge, if hoses are intact and that seals are attached.

✓ Inspect spill kits weekly to ensure that the necessary material is there.

✓ Know what is stored in flammable storage lockers and ensure you have the proper regulations.

This space is reserved for advertisements

1st Sergeant's View

(Editor's note: The 1st Sergeant's View gives Whiteman first sergeants a chance to remind people of correct uniform wear, customs and courtesies, and proper military decorum. Each week, a different first sergeant will share their view.)

By Master Sgt. Gary Bolton
509th Maintenance Squadron First Sergeant

The expression "take care of one another" is truer in the Air Force than anywhere else. We take care of one another better than any other company in the world.

For example, if a family needs food, we collect it or take the family to the food pantry. If a troop needs emergency car repairs, we take the person to the Air Force Aid Society. When a troop loses possessions in a fire or natural disaster, we take care of our own.

So, why is it when we see friends or co-workers who could have a problem with alcohol, we do nothing about it until something bad happens? Recently, we've had numerous DUIs and underage drinking incidents in the 509th

Bomb Wing.

As a family, we could have possibly prevented a number of these, but no one wanted to be the tattletale who told on a buddy or got the person in trouble.

If you have a friend who is drinking a lot, or drinking underage, the person may have a bigger problem — finances, personal, legal, etc. If you do nothing, the problem is compounded. If you tell the person to get help or tell someone else, the person may get the necessary help. This could be through the life skills center, the Alcohol Drug Abuse Prevention and Treatment program, etc.

These programs could help get the person through a tough situation and remain a productive member of the Air Force.

The bottom line in deciding whether you should say anything about a friend or co-worker whom you believe has a problem is: Do you want to help the person and possibly cause them a little pain and embarrassment or do you want to see the person in a lot of trouble or worse — dead — and then live with the fact that you could have helped.

Take care of one another and make the right call.



Photo by Staff Sgt. Francesca Popp

Master Sgt. Gary Bolton, 509th Maintenance Squadron first sergeant, explains what kind of Air Force benefits are available to Senior Airman Brandon Dennon, Staff Sgt. Antwain Mallory and Senior Airman Malinda Rood.

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Whiteman Spirit Award



Senior Airman Nate Robinson 509th Operations Support Squadron

Senior Airman Nate Robinson, 509th Operations Support Squadron, received the Whiteman Spirit Award Monday from Col. Doug Raaberg, 509th Bomb Wing commander.

Tech. Sgt. Samuel Simmons, 509th OSS, nominated Robinson for the award. Simmons took two weather troops to the radar approach control facility for an initial inprocessing tour and Robinson was the guide.

“He gave the most professional and informative briefing I’ve seen in nearly 16 years of service,” Simmons said. “His presentation gave us a much better understanding of air traffic control and how our (weather) flight fits into this picture. He answered all our questions with total confidence and introduced us to key members of the section.

“Airman Robinson’s efforts went above and beyond what I expected and what I have received through the RAPCON, or any other flight on this installation, in my four-plus years on station,” Simmons said.

Personally speaking

Duty title: Air traffic controller
Time on station: 3 years, 1 month
Time in service: 3 years, 8 months
Hometown: Mansfield, Ohio
Spouse: Jessica
Children: Paige, 5, Nathan III, 1, and Nicholas, 4 months.
Hobbies: Read to my children, play football, write music and solve riddles.
Goals: To become a minister and song writer.
Best thing about Whiteman: The leadership and team attitude.
Pet peeves: When people complain about things and don’t put forth an effort to change things.
What motivates your winning spirit?: My faith in God, a loving family and a great working environment.
If you could change one thing about Whiteman, what would it be?: Add to the number of aircraft that are assigned to Whiteman.

APDC graduates 19 students

These people recently completed the Airman Professional Development Course with Class 03-10.

The graduates are:

Airmen 1st Class Jeremy Harris, Sean Pittman, German Romero and Alejandro Lupericio, Senior Airmen Mark Farrar, Anthony Todaro, Chad Alexander and Brian Kelley, 509th Aircraft Maintenance Squadron.

Airmen 1st Class Denisse Joaquin and Erin Jackson, 509th Communications Squadron.

Senior Airman Brian Mueller, 509th Logistics Readiness Squadron.

Airmen 1st Class Raquel Onedera and Joshua Buckholtz, 325th Bomb Squadron.

Senior Airman Jacob Canfield, 509th Services Squadron.

Senior Airman Ryan Baum, and Airmen 1st Class Jennifer Figueroa and Joshua Martin, 509th Munitions Squadron.

Senior Airman Lateef Jones and Airman 1st Class Lemetric Wadley, 509th Operations Support Squadron.

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Special recognition

Col. Doug Raaberg, 509th Bomb Wing commander, praises Airmen Against Drunk Driving officers for their efforts during his dorm all-call Monday. The officers are Senior Airman Kelly Johnson, 509th Medical Support Squadron, Airman 1st Class Chantha Ouch, 509th Communications Squadron, Senior Airmen Gricelda Garcia, Detachment 12, Air Combat Command Training Support Squadron, Brandy Moore, 509th BW, and Raul Garcia, 509th Logistics Readiness Squadron. The AADD officers each received certificates for their efforts. In addition to honoring AADD members, Raaberg praised dorm residents on the cleanliness of the dorms and presented checks to the dorm contest winners.



Photo by Airman 1st Class Joe Lacdan

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Photo by Airman 1st Class Joe Lacdan

Master Sgt. Theodore Thomas, 509th Communications Squadron, is re-enlisted by 2nd Lt. Robert Grace, 509th CS.

47 recommit to Air Force service

By Senior Master Sgt. Bobby Rush
509th Bomb Wing Career Assistance Adviser

In September, 47 members made a commitment to stay with the Air Force.

They are:

Senior Airmen Jacob Canfield, 509th Services Squadron, **Tanda Engelsma**, 509th Maintenance Operations Squadron, **David Esquivel**, 509th Maintenance Squadron, **Robert Kennedy**, 509th Security Forces Squadron, **Travis Patterson**, 509th SFS, **Aaron Thompson**, 509th MXS, and **Nicholas Young**, 509th Civil Engineer Squadron.

Staff Sgts. **Tonya Baker**, 509th Mission Support Group, **Derek Groeling**, 509th Aircraft Maintenance Squadron, **Todd Holbert**, 509th MXS, **Nicholas Horton**, 509th Communications Squadron, **Antwain Mallory**, 509th MXS, **Jefrey Mattis**, 509th Munitions Squadron, **Douglas Mills**, 509th SFS, **Jason Mires**, 509th Logistic Readiness Squadron, **Aadel Najafi**, 509th SVS, **Phillip Prichard**, 509th MUNS, **Kurt Reichenbach**, 509th MOS, and **Nate Warren**, 509th Medical Group.

Tech Sgts. Bob Agard, 509th CS, **Robert Goeke**, 509th Contracting Squadron, **Steven**

McElewain, 509th MXS, **Scott Moore**, 509th CES, **Jeffrey Nelson**, 509th MOS, **James Old-
een**, 509th MXS, **Mark Pickett**, 509th Bomb Wing, **Michael Riese**, 509th LRS, **Luther Sanders**, 509th CS, **Mark Scott**, 509th CES, **Sam Stoecklin**, 509th BW, **Clark West**, 509th AMXS, and **Randolph Wyatt**, 509th SFS.

Master Sgts. Mark Atkins, 509th MedGp, **Leo Clausen**, 509th AMXS, **Glenn Cottrell**, 509th MXS, **Todd Knowles**, 509th AMXS, **Darrel Koebel**, 509th MXS, **Carl Lavender**, 509th MUNS, **Paul Olejniczak**, 509th CES, **Gary Poskocil**, 72nd Test and Evaluation Squadron, **Ronald Rode**, 509th LRS, **Robert Striegel**, 509th SFS, **Theodore Thomas**, 509th CS, **Robert Venekamp**, 509th SFS, and **Robert Wilsey**, 509th MOS.

Chief Master Sgts. Arthur Buck, 509th AMXS, and **Michael Cannon**, 509th MXS.

Everyone is faced periodically with the decision to stay or go. No one can make that decision for you, but my job is to help weigh the factors to make the best possible decision. If you have any questions or concerns about the decision, ask. The career assistance office is located in the professional development center, Bldg. 1435. If you need career assistance, call 687-STAY (7829).

Special duty assignments team to visit

A special duty briefing team visits Whiteman 10 a.m.-noon Nov. 4 at the professional development center. Team members will talk about military training instructor and special assignment jobs.

Senior airmen through master sergeants with less than 17 years of active service are eligible for military training instructor and recruiting positions. MTIs set the stage for personal success in the Air Force and mentor hundreds of new Air Force members. “

The job is filled with substantial rewards for those who want to have a hand in molding tomorrow’s Air Force,” said Master Sgt. Jodie Cameron, MTI Recruiting Team superintendent.

Recruiters are responsible for the number and quality of people who enlist in the Air Force.

“Only the best need apply for this job,” said Master Sgt. Charles Brown, chief of the recruiting screening team.

In addition to volunteers, recruiting officials encourage people who were identified by the Air Force Personnel Center and who were approved by their commander for recruiting duty to attend the briefing.

Spouses and members in a mandatory cross training career field are also encouraged to attend the briefing. For more details, call Senior Master Sgt. Bobby Rush at 687-STAY (7829).

Army Air Force

Hometown

News

Did you know you can fill out a Department of Defense Form 2266, Hometown News Release, for a variety of accomplishments? For more details, call Staff Sgt. Francesca Popp at 687-6130.

This space is reserved for advertisements

First fire muster soaks participants; tests coordination, strength



Staff Sgts. Michael Becker (left) and Richard Bullock (right) spot Airman 1st Class Chris Adams as he drags a 150-pound dummy 50 feet to cross the finish line. This portion of the obstacle course represents how firefighters would have to remove unconscious people from a building or in an emergency.



Senior Airman Vince Hess and Staff Sgt. Michael Perry, 509th Communications Squadron, race against the clock to dress in the bunker buster event. Each person had to ensure every button was buttoned and each velcro strip was fastened. This event gave participants a chance to feel how much the firefighter's gear weighs. The fire department B-shift team had the fastest time of 1:01.



The 509th Civil Engineer Squadron Readiness Flight team members battle the 509th Medical Operations Squadron Bioenvironmental Flight team members in the water-ball event. The CES team won in the best two out of three rounds. Eleven six-person teams participated in the first basewide fire muster sponsored by the fire department.

A fire muster is a series of events that challenge the participant's endurance, strength, coordination and skill. The 509th CES Structures team took first place overall and won the commander's trophy. The 509th Communications Squadron team placed second and the CES Officers team placed third.



Airman 1st Class Craig Coppenbarger, Airman Tucker Landerman and Senior Airman Steven Criswell, 509th Civil Engineer Squadron Structures Flight team, call out "left, right, left" as they coordinate their steps in the bunker boot race. This event tested how well people work together.



Col. Gary Finchum, 509th Mission Support Group commander, and Maj. Clayton Perce, 509th Communications Squadron commander, hoist water on the "burning building." In the bucket brigade event, two teams raced against each other to fill 45-gallon tubs with water.



Photos by Staff Sgt. Francesca Popp

Second Lt. Jason Aeschliman, 325th Bomb Squadron, pulls a 45-pound 5-foot fire hose 50 feet during the obstacle course event. The obstacle course stations included a two 5-gallon foam container carry, a B-2 stand climb to lift a 3-foot hose on the end of a rope, a 5-foot hose drag, a sledge hammer sled, a hotel pack carry and a dummy drag.

509er competes at Armed Forces Tournament



Photo by Airman 1st Class Joe Lacdan

Joe Eccleton, 509th Maintenance Group, practices his swing at the Royal Oaks Golf Course.

By Airman 1st Class Joe Lacdan
Public Affairs

Representing Whiteman and the Air Force, Joe Eccleton competed with the Air Force golf team in the 2003 Armed Forces Golf Championship in Memphis, Tenn.

Eccleton posted scores of 78, 76, 80 and 82 in the tourney Oct. 5-10.

"It's an honor to represent the Air Force against the other services and represent Whiteman at the Air Force level," Eccleton said.

Eccleton qualified for selection to the Air Force team by placing second at the 2003 Air Force Golf Championship Sept. 28-Oct. 3 at Offutt Air Force Base, Neb.

There, Eccleton scored 77, 72, 77 and 76 in the four-round tournament.

The 509th Maintenance Group load-ing standardization crew team chief was nominated to compete in the tourney based on his previous scores and tournaments, he said. Eccleton said he submitted an Air Force Form 303, Request for USAF Specialized Sports Training, to the Air Force Services Agency and also received a recommendation from Royal Oaks Golf Course manager Phil Denham.

"(Eccleton's) always been an excellent golfer," Denham said. "Considering that he works full time and still can maintain an excellent game, that's real commendable."

Eccleton said he would like to spend more time on the golf course, but duty

“It's an honor to represent the Air Force ... and represent Whiteman.”

Joe Eccleton
509th Maintenance Group

requirements allow him to visit the course only once a week.

Eccleton competed on the Air Force team in 1999 and 2000, when the Air Force placed first and second, respectively in the Armed Forces Golf Championship.

Eccleton began playing golf at age 6. His father purchased the 9-hole Willow Creek Golf Course in Stockbridge, Mich., where Eccleton and his four brothers fell in love with the game. He said he would spend hours in his youth playing 9 to 18 holes.

Eccleton made the all-state golf team in Michigan and tied for first place in the Michigan state tournament his senior year at Stockbridge High School.

"I just learned to love the game," Eccleton said. "(Golf is) something I felt I could do well."

Eccleton also competed in the Air Combat Command/Royal Air Force Challenge Cup May 31-June 14 in Scotland. Royal Air Force won that tournament.

Sports shorts

Intramural hoops set

The Whiteman intramural basketball league begins its season Nov. 10. To play, participants must submit a letter of intent by Monday. For more information, call your unit's sports representative or the fitness center at 687-5496.

Coaches, officials needed

Volunteer to become a youth basketball coach or official for games at the youth center. National Youth Sports Coaches Association certification and training is provided. The season begins Nov. 13 and ends Feb. 28. For more details, call sports director Joann Milton at 687-3199.

Whiteman Day at MU set

The University of Missouri offers discount tickets to the Nov. 15 football game vs. Texas A&M.

Tickets are \$10 and include admission to a free pregame tailgate party for Whiteman members. It will be held at Hearnese Fieldhouse next to the stadium on the MU campus in Columbia, Mo. To purchase tickets and to sign up for free transportation, see your first sergeant.

Gridiron Challenge

The Gridiron Challenge is a weekly competition between the 509th Bomb Wing headquarters and groups, and the 442nd Fighter Wing and Missouri Army National Guard.

A different person from each organization will select the picks for their unit each week.

The weekly winner receives a \$5 SeeMore Buck courtesy of the 509th Services Squadron. Last week's winner was Staff Sgt. Kevin Marriott, 509th Maintenance Group.








Week Eight

NCAA

Texas Tech at Missouri
Notre Dame at Boston College
Purdue at Michigan
USC at Washington
Auburn at Louisiana State

NFL

Bills at Chiefs
Broncos at Ravens
Lions at Bears
Rams at Steelers
Cowboys at Bucs

| BW | OG | MXG | MSG | MedGp | 442nd | MOARNG |
|---|---|--|---|---|---|---|
|  |  |  |  |  |  |  |
| Lt. Col. Michael Wardell | 2nd Lt. Jason Aeschliman | Senior Airman Ronald James | Donna Dempsey | Tech. Sgt. Matthew Normand | Mike Addis | Army Master Sgt. Michael Lewis |
| Texas Tech Boston College Purdue Washington Auburn | Texas Tech Notre Dame Michigan Washington Auburn | Missouri Notre Dame Michigan Washington Auburn | Texas Tech Boston College Purdue USC Louisiana State | Missouri Notre Dame Michigan Washington Auburn | Missouri Boston College Michigan USC Louisiana State | Missouri Boston College Michigan USC Louisiana State |
| Chiefs Ravens Lions Rams Bucs | Chiefs Ravens Bears Steelers Bucs | Chiefs Broncos Lions Rams Bucs | Chiefs Broncos Bears Rams Cowboys | Chiefs Broncos Bears Steelers Cowboys | Chiefs Ravens Bears Rams Cowboys | Chiefs Ravens Bears Steelers Cowboys |
| Last Week's Totals | 5-5 | 6-4 | 8-2 | 7-3 | 6-4 | 7-3 |
| Season Totals | 44-26 | 37-33 | 39-31 | 46-24 | 45-25 | 49-21 |
| | | | | | | 36-34 |

Check out the news online at
<http://www.whiteman.af.mil/news.htm>

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687-6133

Steelers remain undefeated, Raiders fall 5-2



Photo by Staff Sgt. Francesca Popp

Steelers cheerleader Kristen Mickens, daughter of Michael and Tracey Mickens, 509th Logistics Readiness Squadron, cheers on the sidelines during the Whiteman/Knob Noster Youth Football game Saturday.



Left: Steelers No. 40 Cody Mitchell (in white) chases down Sedalia 49ers No. 75 Donald Huddlemeyer (in red). The Steelers, Whiteman/Knob Noster third- and fourth-grade football team, entered this contest 5-0 and remain undefeated, downing the 49ers 20-19 in sudden-death overtime. The team played its only home game at the Knob Noster High School stadium Saturday. The next game, a playoff round, begins at 9 a.m. Saturday at the Sedalia Middle School. Cody's parents are Michael and Kelley Mitchell, 509th Security Forces Squadron.



Raiders cheerleaders perform a halftime routine to "Shake Your Tailfeather" a song by Nelly, P. Diddy and Murphy Lee during the fifth- and sixth-grade football game Saturday.

Team members

Tina Brisley, wife of Kevin Brisley, 509th Bomb Wing, coaches the cheerleaders. They are: Shelby Marsh, **Katelynn Cantrell**, Melodi Brant, **Caitlin Madden**, **Tiffany Zullig**, **Ashley Klonowski**, **Lindsey Baumeister**, Carley and Kaylee Pickett, **Rachael Duggan**, **Crissa Wright**, **Sarah Updyke**, Amber Whisenhunt, Lindsey Foffel, Karlie Watson, Jessica and Ashley Cox, **Aimee** and **Cory Nicolson**, **Arianna Brisley**, **Kristen Mickens**, **Kirstin Thomas**, **Katie Butler**, **McKinlee Waid**, **Sydney Miller**, **Jordon Ems**, **Larrin Moody** and Zoey Hodson.

Jesse Sahlfeld, Monty Hodson, **Randy Tapley**, 325th Bomb Squadron, **Bart Duggan**, 509th Security Forces Squadron, and Cliff Mason coach the Whiteman/Knob Noster Steelers, the third- and fourth-grade football team. Team members are: Tyrell and DeShuan Thirkield, Sarah Watson, Troy Kyser, Ried Karscig, **Case Duggan**, Zane Hodson, Lyle Ragan, **Jason Bachowski**, Austin Fiveash, Nick Kellar, Cody Mason, **Alex Goeke**, **Cody Mitchell**, Ryan Keckler, Ian Smith, **Kyle Moore**, Dalton Rawlins, **Tyler Whisenhunt**, Devan Plakorus, Layne Epperson, **Andrew Ross**, **Zach McKenzie**, **David Rhoden**, D'Shuan Johnson and **Gavin Hodges**.

Kevin Brisley, 509th BW, **Roy Ollie**, 509th Maintenance Group, **Jimmy Connors**, 72nd Test and Evaluation Squadron, **Doug Adams**, 509th Civil Engineer Squadron, and **Bruce Smith**, 509th Aircraft Maintenance Squadron, coach the Whiteman/Knob Noster Raiders, the fifth- and sixth-grade football team. Team members are: Shane Bentley, **C.J. Maxwell**, **Brian Hughes**, Derek Jordan, **Marcus Reed**, **Ivan Pyszka**, Bo Collins, **Justin Connors**, **Hollister Crouse**, **Matt Ramage**, Sam Miller, Zack Hodson, **Travis Barnett**, **Ryan** and **Jacob Hoagland**, **Taylor McGovern**, **Jeff Hovet**, **Josh** and **Matt Deardorff**, **Matt Munson**, **Derek Adams**, Josh Stroh, **Anthony Thomas**, Zach Rawlins, **Aaron Bolton** and **Orie Sahlfeld**. (*Military coaches' and children's names are in bold.*)



Raiders quarterback Brian Hughes, No. 7, hands the football to running back Zach Rawlins, No. 92, as the team's offensive line attempts to create a hole against the Marshall Owls. The Owls dominated the Raiders 30-6, remaining undefeated. The Raiders fell 5-2 in their only home game of the season Saturday at the Knob Noster High School stadium. Brian's parents are Tom and Jane Hughes, 509th Logistics Readiness Squadron. Zach's parents are Shane and Brenda Rawlins of Knob Noster.



Services Page editor.....Beth Ott
509th Services Squadron.....687-3594

*No federal endorsement of mentioned sponsors intended.

Community Center **687-5617**

Chess tournament

The CMSU Challenge Chess Tournament begins at 10 a.m. Nov. 1 in the community center. Sign up by Thursday. There is a \$5 fee.

‘Oktoberfest’

Celebrate Oktoberfest 10 a.m.-5 p.m. Saturday in Hermann, Mo. Listen to live entertainment, eat authentic German food or take a tour of a local winery. The \$5 fee includes transportation. Bring money for food and drinks.

Afternoon at the USO

An afternoon of fun takes place 2-4 Nov. 7 at the Missouri Veterans Home in Warrensburg. Come to honor veterans and their families with entertainment and refreshments. Talent volunteers sign up in the community center by Nov. 3. Sponsored in-part by Whiteman Enlisted Spouses’ Club and First Command Financial Planning.*

Fitness Center **687-5496**

Fitness bingo

Participants can pick up a free bingo card at the fitness center through Dec. 31 for this quarterly incentive program. The participant that completes the most bingos during the quarter will win the first place prize, a full-body massage provided by Darlene Goebel, L.M.T., at Hair Dynamics.*

Family Child Care **687-5590/1180**

Base residents

Quality child care for military families is an important concern. The Air Force has updated guidelines in Air Force Instruction 34-276, Family Child Care Programs, requiring anyone providing in-home child care for 10 hours or more a week on a regular basis be licensed. If you are currently unlicensed, you must cease care and apply for a family child care license. Call for more details.

Orientation class

Receive free training to become a family child care provider 8 a.m.-4 p.m. Nov. 3-7. Sign up by Thursday. Stop by the family child care office and pick up a registration package.

Teen Center **687-5819**

Congressional award meeting

A congressional award meeting begins at 4:30 p.m. Tuesday. Come learn more about the requirements for this award.

Freaky Friday

Freaky Friday takes place 7-10 p.m. on Halloween. Prizes will be given for best costume, best cover up and most creative. Teens can watch a scary movie on the big-screen TV. There is a \$2 fee for members and \$3 fee for nonmembers. The fee includes snacks. Sign up by Wednesday.

Club days

Teen clubs begin at 5 p.m. Tuesdays-Thursdays in the teen center. Tuesday is chess, Wednesday is video games, and Thursday is cards and board games. This is free for members and \$1 for nonmembers. Have other club interests? Call the teen center staff.

Halloween Boo Bash Carnival 5:30-7:30 p.m. Thursday

Free at the community center
Youths can play games and win prizes!
Refreshments provided.

Trick-or-Treat 4:30-6 p.m. at these locations:

Base exchange
Child development center
Commissary
Family support center
Fitness center
Library
Mission’s End
Ozark Inn

Skills development
Stars & Strikes
Teen center
UMB Bank
Youth center
Whiteman Inn

Whiteman Tickets & Travel

*Volunteers needed for the carnival, contact the community center.



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Mission’s End **687-4422**

Variety Show

The Almost Nuts Band performs 8 p.m.-midnight today and Saturday at Mission’s End. There will be live music, comedy and much more. The cost is \$2 at the door, members only. A children’s show takes place 2-3 p.m. Saturday.

Library **687-5614**

Base library book sale

Donate used books to the library book sale. Volunteers are needed for the book sale Nov. 12. Help raise money for library programs and supplies. Times to be announced.

Teen poetry contest

The Teen Read Week Program is having a teen poetry contest Saturday at the base library. Youth ages 13-18 must sign up by today. First-, second- and third-place winners will win a certificate, and have their poem and picture on display at the library.

Outdoor Recreation **687-5565**

Wall climbing class

A wall climbing class takes place 9-11 a.m. Saturday. This free event is located in the outdoor recreation classroom with the 20-foot climbing wall. There must be four people minimum and 12 people maximum for this event. Sign-ups end today.

Youth Center **687-5586**

G.I.R.L.S. night

G.I.R.L.S. (Goal-seeking, Influential, Relationship-building, Leadership smart, Self-esteem) night takes place 10 p.m.-7 a.m. Nov. 7 at the youth center. Door prizes, snacks, workshops and more are provided. This free event is limited to the first 25 girls in grades six-eight who sign up by Nov. 1. This event is co-sponsored by the family support center.

Dance classes

Dance classes are held Mondays and Wednesdays at the community center. Ballet, tap, jazz and acrobatics are available for pre-school children. Ballet, tap, jazz and hip-hop jazz are available for school-age children. Stretch and strengthening classes are available for teens and adults. The cost is \$25 for members and \$32 for nonmembers. Call the youth center for more information.

Turkey shoot

A free turkey shoot takes place 1-4 p.m. Nov. 8 in the youth center. Children in kindergarten through 12th grade can compete for a frozen turkey by shooting baskets. Participants are asked to bring in canned food donations. Sign up by Nov. 6.



Skills Development Center **687-5691**

Stained glass class

A six-week beginners stained glass panel class takes place 6-9 p.m. Thursday at the skills development center. The cost is \$45 plus supplies. Participants can start the class at any time.

Youth art contest

Artists ages 8-12 can enter art work at the skills development center through Oct. 29. Stop by the skills development center to pick up rules. Judging takes place Thursday. This is a free event.

Stars & Strikes **687-5114**

Airmen bowling specials

Senior airmen and below can bowl 8-11:30 p.m. Saturday for \$1 a game at Stars & Strikes. Bring a friend and get two pairs of rental shoes for \$1.

Cosmic Halloween bowling

A cosmic Halloween bowling special takes place 8 p.m.-midnight Oct. 31 at Stars & Strikes. Games are \$1 each. Free shoe rental for those who wear a costume.

Whiteman Base Theater

Friday

Cold Creek Manor **7 p.m.** **PG-13**
Starring – Dennis Quaid & Sharon Stone
A couple, their son and daughter relocate from the city to the country. There they discover that their dream home, a sprawling farmhouse, is more of a nightmare, as the previous owner returns from prison and wants his home back.

Saturday
Matchstick Men **7 p.m.** **PG-13**
Starring – Nicolas Cage & Sam Rockwell
Phobia-addled con artist, Roy, and his protege, Frank, are on the verge of pulling off a lucrative swindle when the unexpected arrival of Roy’s teenage daughter, Angela, disrupts his carefully ordered life and jeopardizes his high-risk scam.

Sunday

Matchstick Men **5:30 p.m.** **PG-13**
Starring – Nicolas Cage & Sam Rockwell

Adults \$3 Youth \$1.50
Movie recording line 687-5110.

Movies are subject to change due to availability.
For current and future movie listings log on to
<http://www.aafes.com/ems/conus/whiteman.htm>.

